# New Jersey Comprehensive Cancer Control Plan

### **Fact Sheet**

# What is the New Jersey Comprehensive Cancer Control Plan (CCCP)?

The New Jersey Comprehensive Cancer Control Plan (CCCP) represents an innovative approach to coordinating and integrating cancer control activities in New Jersey. The CCCP is administered by the Office of Cancer Control and Prevention at the New Jersey Department of Health and Senior Services, Division of Epidemiology, **Environmental and Occupational Health.** The CCCP was developed by the Task Force on Cancer Prevention, Early Detection and Treatment in New Jersey (Task Force) in conjunction with the U.S. Centers for Disease Control and Prevention. National Comprehensive Cancer Control Program. Twelve workgroups, totaling nearly 350 individuals, compiled goals, objectives and strategies for seven cancer sites and five overarching issues.

# What is Comprehensive Cancer Control?

Comprehensive Cancer Control is an integrated and coordinated approach to reduce the incidence, morbidity and mortality of cancer through prevention, early detection, treatment, rehabilitation and palliation (CDC definition).

#### The CCCP can benefit New Jersey's residents by...

- Creating a continuum of cancer care services, from prevention through improved quality of life;
- Refocusing programs to serve the person as a whole, rather than focusing on one specific type of cancer;
- Increasing awareness and access to cancer services for New Jersey consumers:
- Expanding the number of local leaders who proactively support community partnerships and collaborations; and
- Sharing resources (time, staff, expertise)
  between local organizations and agencies.

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#### **Telling New Jersey's Story**

The Task Force presents this summary of the top priorities from each workgroup as a beginning for implementation of the CCCP.

### Access and Resources Workgroup – Identification of Need

Barriers in New Jersey can restrict residents' timely access to proper healthcare. Determining the unmet cancer care needs and barriers may aid efforts to improve access to care.

## Advocacy Workgroup – Internal Structure and Funding

Through recruitment of key stakeholders, advocacy for funding of and support for the Plan can be fostered to assure its successful implementation for the benefit of all New Jersey citizens.

# Childhood Cancer Workgroup – Adolescent and Young Adult Treatment

Educating healthcare providers about the availability of clinical research protocols, and identifying how current psychosocial needs are being met may improve care for adolescents and young adults.

#### Nutrition and Physical Activity Workgroup – Cancer Prevention

Educating all New Jersey residents about healthy eating patterns, healthy weight, and adequate physical activity will aid cancer prevention and reduce cancer risk.

#### Palliation Workgroup - Education

Alleviating barriers to effective palliative care by addressing the lack of awareness among healthcare professionals and the public is the first step to improving quality of life for New Jersey cancer patients.

#### Breast Cancer Workgroup – Awareness and Education

In an effort to increase screening and early diagnosis, education of many constituencies with a consistent message must be undertaken.

#### Cervical Cancer Workgroup – Access to Care

As cervical cancer is a preventable and curable disease when detected early, the Plan proposes that populations at high risk for cervical cancer be identified and barriers to care be alleviated.

### Colorectal Cancer Workgroup – Awareness and Education

Dialogue to increase the utilization of colorectal screening tests and to reduce personal, social and economic barriers to screening can be accomplished through education and awareness.

### Lung Cancer Workgroup – Tobacco Control

The goals of the New Jersey Comprehensive Tobacco Control Program will be supported to enhance tobacco control as the most effective approach in the prevention of lung cancer.

#### Melanoma Workgroup - Awareness

A multi-level, multi-faceted awareness campaign will be developed to communicate that malignant melanoma is a life-threatening disease and to educate residents about early detection.

# Oral and Oropharyngeal Cancer Workgroup – Public Awareness

Early detection and treatment methods are highly successful in reducing the morbidity and mortality from oral and oropharyngeal cancer; therefore it is essential to raise public awareness.

## Prostate Cancer Workgroup – Public Awareness and Education

There is no consensus on screening for this disease; therefore, the public must be educated on the risk factors for prostate cancer, the screening methods, and the options for treatment if cancer is found.